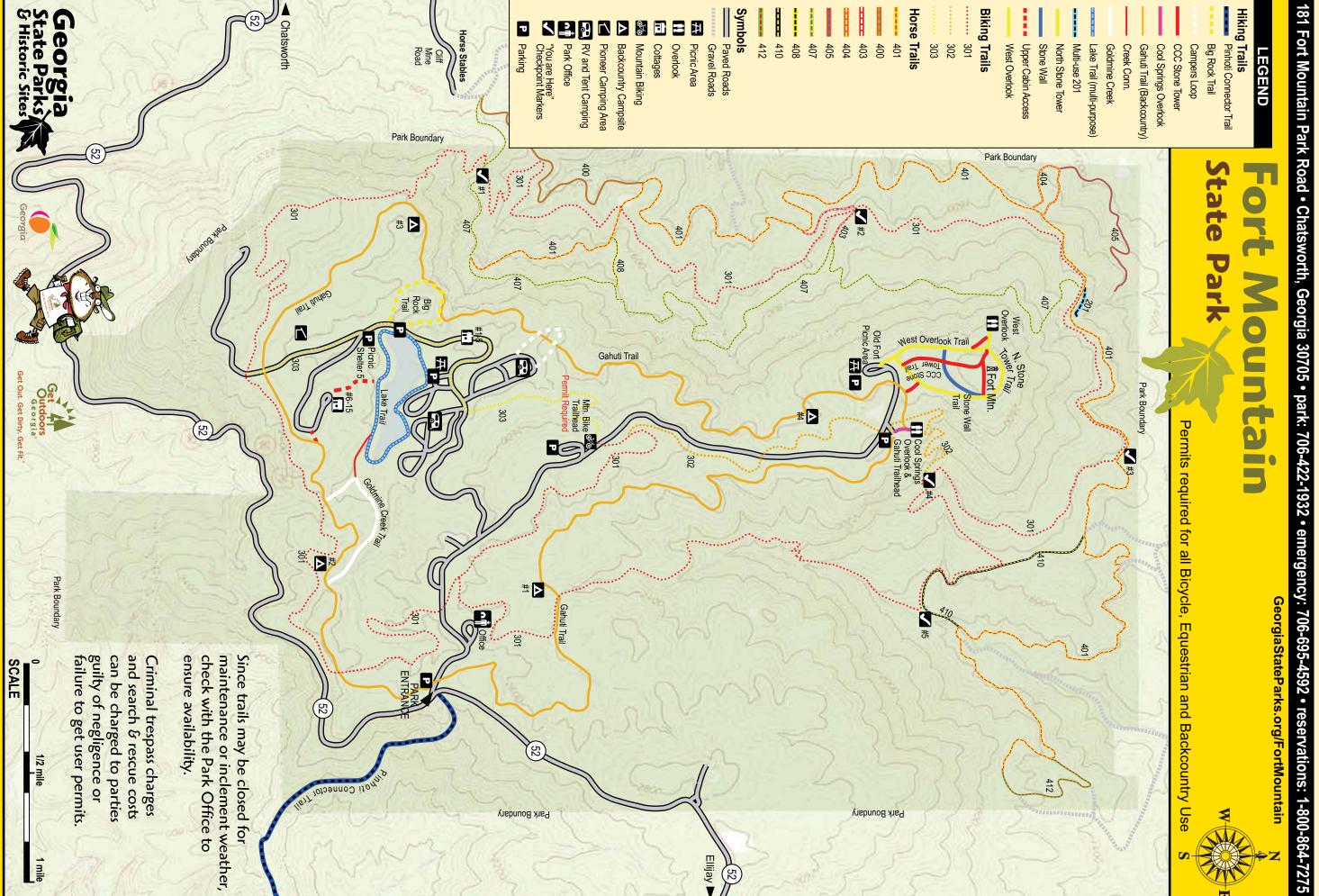
# ort Mountain State de





### **Mystery of Fort Mountain**

High atop Fort Mountain are the rocky ruins of an ancient "stone wall" with prehistoric origin steeped in legend. Generations of archaeologists and historians have unsuccessfully sought to unravel the riddle of this wall, one of several stone assemblages scattered throughout the Southeast. More than 150 years after its discovery, answers still evade us as to who built the wall, when and for what purpose.

Theories abound, and one of the more realistic explanations is that the wall was built around 500 A.D. by a tribe of Native Americans for ceremonial or religious purposes. Others assert the wall was built by wandering bands of Welsh explorers during the 14th century as fortification against Indians. Welsh Prince Madoc has been credited with building several stone petroglyphs in the Southeast after supposedly sailing into Alabama. Another theory, based on Cherokee legend, is that the wall was built by the "Moon Eyes," a race of light-skinned people who could see in the dark because of their larger or paler eyes. Or perhaps Spanish conquistadors, possibly Hernado de Soto, built the wall as a defense against Indian attacks.

Since no artifacts have been found to support these theories, no one knows who built the "wall of stones" zigzagging across the southern face of the Cohutta mountain range's most prominent peak. This part of the southern Appalachian Mountains rises above the Piedmont Plain and offers 80-mile views, making it an ideal location for ceremonial practices or defensive needs.

The stone wall runs east and west for 855 feet, and its height varies from two to six feet. Archaeologists believe it was much higher before exploration and plunder by previous scientists and treasure hunters. Adding to the mystery are 30 "pits" built into the wall. Were these gun emplacements or symbolic to some ceremonial practice of earlier inhabitants? Will the secrets contained within these stones forever remain a mystery?

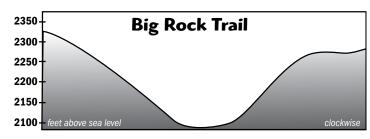
### Trail Safety & Etiquette

- Tell someone your itinerary and expected return time.
- Be prepared for unexpected weather changes by dressing in layers and carrying rain gear.
- Take a map, water, snacks, first aid kit, flashlight and whistle.
- Three short blasts on a whistle are known as a call for help.
- Do not stray from trails. If you become lost, stay in one location and wait for help. This will make it easier for rescuers to find you.
- Pack out all trash.
- Keep pets on a leash.
- Do not pick flowers or disturb wildlife.
- Protect the landscape by staying on trails.

### **Mountain Biking Safety & Etiquette**

- Wear a helmet.
- · Bikers yield to hikers and horses.
- Announce your presence to others. When passing, a polite "On your left" or "On your right" is suggested.
- Carry maintenance tools and replacement inner tubes.
- Prevent erosion by staying on trails and not skidding.

## Accessibility for Selected Trails



### 0.5-Mile Loop

Avg. Travel Time: 1 Hour Foot Travel Only.

Compacted Natural Soil Surface Avg. Grade: 14%; Max: 30%/200LF

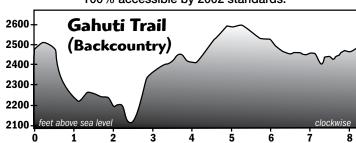
Avg. X-slope: 12%; Max: 30%/20LF

Min. Width: 30 Inches

The Big Rock Nature Trail travels from the ridgeline near the lake down into a mountain hollow, then crosses a dividing ridge and returns up Gold Mine Creek passing several small cascades and waterfalls. Wildflowers abound in spring.

## **Cool Springs Overlook Trail**

100% accessible by 2002 standards.



### 8.2 Mile Loop

Avg. Travel Time: 5 Hours Foot Travel Only.

Compacted Natural Soil Surface Avg. Grade: 10%;

Max: 25%/500LF Min. Width: 18 Inches Avg. X-slope: 12%;

Max: 30%/50LF

Camping by Permit Only.

The Gahuti Trail travels around the edge of the park, passing just below the summits of both Cohutta and Fort mountains. Ever changing, the trail is both beautiful and challenging in all seasons. Hikers should always be aware of changing weather. Four backcountry campsites are available for use by permit.

The Lake Trail loops around

Fort Mountain's lake and

can be accessed from the

#5, and the Big Rock Trail

parking area. Trail is most

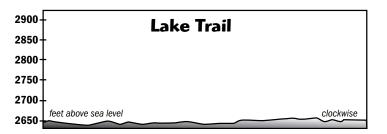
campgrounds, cottage areas,

picnic area and picnic shelter

accessible traveled clockwise.

In this manner, users descend

the 75 lineal feet 20% grade.



### 1.2-Mile Loop

Avg. Travel Time: 1 Hour
Open to Biking & Foot Travel.

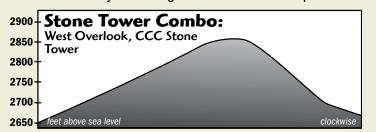
Starts and ends at picnic shelter #5 Compacted Natural Soil Surface Avg. Grade: 4%;

Max: 20%/75LF Min. Width: 30 Inches Avg. X-slope: 12%;

Max: 25%/60LF Bikers must yield to all other users.

### Combination Trails

made by combining trails shown on the map



0.9-Mile Loop

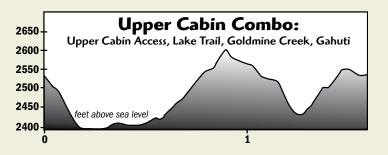
Avg. Travel Time: 1 Hour Foot Travel Only.

Compacted Natural Soil Surface

Avg. Grade: 14%; Max: 20%/250LF Min. Width: 36 Inches Avg. X-slope: 12%; Max: 15%/45LF

Stone Steps on East Part of Loop.

The Stone Tower Loop is hiked by traveling uphill on the West Overlook Trail and returning on the CCC Stone Tower Trail. Year-round vistas from West Overlook.



### 1.6-Mile Combination Loop Avg. Travel Time: 1 1/4 Hours Foot Travel Only.

Compacted Natural Soil Surface

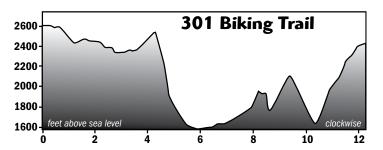
Avg. Grade: 10%; Max: 25%/150LF Min. Width: 18 Inches Avg. X-slope: 12%;

Max: 25%/25LF Beware of bikes on Lake Trail.

The Upper Cabin Loop is hiked by using the Upper Cabin Access Trail to the Lake Trail, proceeding to the Goldmine Creek Trail and returning on the Gahuti Trail to the upper cottage area.

This combination of trails offers excellent vistas from the upper levels of the ridgeline and wonderful views of the lake and Goldmine Creek. The creek was named for early goldmining, with some of the old mining pits visible along the trail.

### Climate Data for Chatsworth, GA Mean Precip. Record High Record Low High Low -10°F (1985) 30°F 39°F 5.86 in 79°F (1949) 43°F 4.93 in 79°F (1989) 0°F (1966) 32°F 87°F (2000) 7°F (1993) Mar 51°F 6.34 in 25°F (1987) 47°F 59°F 91°F (2002) 4.30 in 56°F 68°F 4.28 in 95°F (1962) 33°F (1971) May 65°F 75°F 4.38 in 103°F (1988) 42°F (1984) Jun 69°F 79°F 4.76 in 103°F (1952) 52°F (1967) 103°F (1983) 51°F (1968) Aug 68°F 78°F 3.65 in 32°F (1967) 102°F (1954) 62°F 72°F 5.00 in 49°F 69°F 94°F (1954) 23°F (1952) 62°F 40°F 51°F 4.79 in 86°F (1961) 12°F (1955) Nov 78°F (1956) -4°F (1983) 53°F 33°F 43°F 4.92 in



### 14.6-Mile Loop

Avg. Travel Time: 4 Hours/Bike Open to Biking & Foot Travel

Compacted Natural Soil Surface Avg. Grade: 10%;

Max: 25%/1330LF 20% Ascending in last 3 miles Min. Width: 48 Inches Avg. X-slope: 12%; Max: 20%/50LF

Hikers Yield To Bicyclists. Trail Closed to Horses. The East-West Bike Loop is rated by many as one of the most beautiful and challenging bike trails in the southeastern United States. Users travel from mountain ridge top to valley floor, through pine and scrub laurel thickets, upland hardwood and cove forests, by old mines, then waterfalls and rhododendrons along Hassler's Mill Creek before returning up the mountain.

# Grad





Obstacles may include uneven surfaces, exposed rock and tree roots, fallen trees and/ or limbs, steps, long steep grades, loose stones and leaf litter, softness, mud, icing, or other slick conditions when wet, poisonous plants, heat or cold in season, insects, snakes, and wild animals including bears.

All trail profiles start and end at their trail

heads unless otherwise indicated.

### **Horse Trails**

More than 25 miles of horse trails offer loop rides varying from 3 to 16 miles. Riders must bring their own horses and register at the stables; or can rent guided horses from the concessionaire. First-time riders must attach a photocopy proof of a negative Coggins test. Parking is at the stables access (west side of the park). Check the website or call ahead for trail closings during bad weather.

The horse trails pass through varied environments, from lush forest coves to wind-swept ridge tops. Wildflowers catch the eye in early spring, green foliage is bountiful during summer, changing leaf colors welcome fall, and spectacular vistas arrive with winter. Cliffs, waterfalls, old mines (some that provide natural "air-conditioning" during summer and warm air during winter), and abandoned mining equipment add interest to the trails. Horse watering stations are at approximately two-mile intervals.

The shorter loops, which begin at the stables and go past waterfalls, are the easier trails, with most at a 20% or less grade. Basic rules apply: riders must stay on marked trails; no trail riding between sunset and sunrise; no reckless or fast riding; and horses should not be left unattended or unbridled. Anyone found in violation of these rules will face criminal prosecution (OCGA 12-3-10) and be banned from use of horse trails at all state parks.